



# NALS OUTDOORS INDIA PRIVATE LIMITED

APPROVED BY GOVERNMENT OF INDIA

## TREK FOR A CAUSE (TCC4)

### **Introduction**

Give your trek some added purpose by doing it for a cause. A fantastic opportunity to be part of a fund raising program and have the adventure experience and thrills. NALS is associated with a few NGOs that are doing stellar work in the areas of special children and differently-abled persons. Join us and contribute to a Cause.

There are 100s of special children / differently-abled persons and NGOs working for their welfare. These NGOs require precious funds to carry out their objectives and make a difference to the special child. This program is perfect for the adventure-seeker who wants to give something back to society and make a difference, while at the same time enjoy the outdoor experience of trekking and adventure

### **Key Information**

- Duration : 04 days / 03 nights
- Location : Coonoor, TN
- Age Group : 08 ~ 55 years
- Intensity : \* \* (Low)
- Batch Size : 8 ~ 60

### **Program Highlights**

- A fund raising program for various NGOs, non-profit organisations and charitable organisations that are giving selfless & excellent service to the under privileged and the needy
- High Rope course, Rappelling, Zip Line, Rock Climbing
- Fun games & exercises
- Village Trek, Acclimatisation walk, Night Trek
- Trek to Sengotarayar peak - 16 kms
- Total trek distance will be about 32 kms
- Altitude varies between 1700 ~ 1850 m

### **Day by day activity in brief**

- Day 0 Participants arrive in NALS Coonoor Campus and after reporting / registration, allot accommodation, lunch, high rope course + zip line. Acclimatisation walk, leisurely interaction with other participants and staff
- Day 1 Morning walk + stretching, breakfast, introduction to high ropes, lunch, minor activity after tea, group discussions, early dinner, night trek
- Day 2 Morning walk + stretching, breakfast, Rappelling, Trek to Sengotarayar Peak - 16kms, early dinner
- Day 3 Morning leisure walk,, breakfast, Zip Line, lunch, group task, dinner

NALS / PDM – TCC4 / 28 Jan 2019

Page 1 of 3

<b>Head Office:</b> No.7, First Floor, Vincent Colony R.S.Puram, Coimbatore – 641 002 Tamilnadu, INDIA	T : +91-422-2542800 : +91-422-2543800 E : enquiry@nals.in W : www.nals.in	<b>Regd. Office:</b> 36A, Bhooma Nivas, 4 <sup>th</sup> Street, Kongu Nagar, Kalveerampalayam, Coimbatore – 641 046 CIN : U74999TZ201PTC018364 PAN : AAECN0223F GST : 33AAECN0223F1Z5
---	--	--



# NALS OUTDOORS INDIA PRIVATE LIMITED

APPROVED BY GOVERNMENT OF INDIA

Day 4 Morning leisure walk, Rock Climbing or low ropes, pack up + closing, departure before lunch

## Program Alteration

It must be borne in mind that the program schedule can be changed due to practical compulsions like safety, availability of water, comfort and well being of participants. Further, mountain weather / road conditions are unpredictable and can lead to disruption or even cancellation of the program or some of the objectives of the program.

## Food and Beverages

The participant is assured of simple Vegetarian diet that is highly nutritious and prepared with very high standards of hygiene and cleanliness. The menu is so designed to keep the participant properly hydrated and loaded with sufficient calories to meet the physical tasks.

## Fitness and Skill requirements

Program is rated to be easy for persons doing regular exercise and most beginners. However, outdoor activity can take one by surprise if weather or terrain is not up to one's expectations. We, therefore, recommend that all participants exercise well for at least 2-3 weeks before the program.

## Cost per head (inclusive of GST)

Description / Group Size	8 ~ 30 persons	4 ~ 7 persons	1 ~ 3 persons
Program Cost (ex-Camp)	Rs. 6,800	Rs. 8,400	Rs. 9,400
CBE ~ Camp ~ CBE Transfers (optional)	Rs. 1,700	Rs. 2,300	Rs. 2,800

Note: NALS will donate a sum of Rs. 650 to the NGO or non-profit organisation of your choice, for every participant in this program

## Scope & Inclusions

Package is ex-Campus and includes:

- Food and beverages during the program
- Qualified Instructors during the program
- Equipment for activities
- Shared accommodation in dormitory

## Exclusions

- Travel & Medical insurance
- Travel to and from campus (see optional cost above)

NALS / PDM – TCC4 / 28 Jan 2019

Page 2 of 3

<p><u>Head Office:</u> No.7, First Floor, Vincent Colony R.S.Puram, Coimbatore – 641 002 Tamilnadu, INDIA</p>	<p>T : +91-422-2542800 : +91-422-2543800 E : enquiry@nals.in W : www.nals.in</p>	<p><u>Regd. Office:</u> 36A, Bhooma Nivas, 4<sup>th</sup> Street, Kongu Nagar, Kalveerampalayam, Coimbatore – 641 046 CIN : U74999TZ201PTC018364 PAN : AAECN0223F GST : 33AAECN0223F1Z5</p>
---	--	---



# NALS OUTDOORS INDIA PRIVATE LIMITED

APPROVED BY GOVERNMENT OF INDIA

## General Terms and Conditions

### PAYMENT TERMS

1. Payment Mode:
  - a. Direct Deposit, Wire transfer, NEFT / RTGS / Draft or Multi city cheque payable at Coimbatore
  - b. NALS Bank account details:
    - i. A/c No. 32586375634 / State Bank of India, RS Puram Branch, Coimbatore – 641002, India
    - ii. IFSC : SBIN0003061
    - iii. SWIFT Code (for overseas transfers) : SBININBB451 (or) SBININBB294
2. Currency for payment is Indian Rupee / refund, if any, in Indian currency.

### CANCELLATION POLICY

If participant leaves or cancels the program for any reason, the following charges will apply:

1. More than 30 days prior to commencement of program Rs. 1000
2. 15-30 days prior to commencement of program 20%
3. 8-14 days prior to commencement of program 50%
4. Less than 8 days to commencement of program 100%

Very rarely, NALS may be forced to cancel a program due to *force majeure* (inclement weather, unsafe terrain, or any natural calamity). Also, third party actions (cancellation of transport like trains and buses, riots etc) may lead to sudden disruption of program or even cancellation. In such circumstances, NALS will not be obliged to make any refund. In case, your booking includes flight, hotels and / or transfers, cancellation charges will be higher depending on the air carrier and other service providers and this may vary from time to time.

### PARTICIPANT BEHAVIOUR AND DISCIPLINE

NALS will expel any participant who exhibits behaviour that is unsafe, indecent and distracts the mission of the program. Consumption or being under the influence of alcohol, illegal drugs and substances, theft or misuse of property, intentional damage to NALS' property, poor upkeep of program timings, lack of motivation, harassment of fellow participants are examples of behaviour that lead to expulsion. No refund will be paid in case of expulsion. Also, if the participant chooses to leave the program, for whatever reason, no refund will be paid.

### RISK AWARENESS

Trekking, Mountaineering and any outdoor activity carry serious risks and hazards due to various factors. Trekking in higher altitudes requires high fitness and endurance levels and participants must make themselves aware of their physical and mental limits. As part of the program design, the participant may be required to be away from roads and hence specialized medical attention may not be available. Please consult your physician if you have heart disease, blood pressure or other ailments that may affect your condition in the outdoors.

Some of the wild animals in this area are: Bisons, Bears, Boars, Deer and foxes. In case you sight some of them, kindly do not rush towards the animal for a photo opportunity. Neither are you advised to call other participants for the sighting. Please enjoy the sight silently and quietly. Animals rarely attack humans and they do so only when they are alarmed and under threat.

All adult participants are required to sign a risk declaration as part of the registration process. In case of minor participants, parental consent and signature are mandatory for participation in our programs.

NALS / PDM – TCC4 / 28 Jan 2019

Page 3 of 3

<p><u>Head Office:</u> No.7, First Floor, Vincent Colony R.S.Puram, Coimbatore – 641 002 Tamilnadu, INDIA</p>	<p>T : +91-422-2542800 : +91-422-2543800 E : enquiry@nals.in W : www.nals.in</p>	<p><u>Regd. Office:</u> 36A, Bhooma Nivas, 4<sup>th</sup> Street, Kongu Nagar, Kalveerampalayam, Coimbatore – 641 046 CIN : U74999TZ201PTC018364 PAN : AAECN0223F GST : 33AAECN0223F1Z5</p>
---	--	---