

NALS OUTDOORS INDIA PRIVATE LIMITED

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PIN - PARVATI PASS TREK (PPP) – 5319 m

Introduction

The Pin-Parvati Pass trek is one of the most visually captivating treks wherein one can witness the dramatic change in scenery from the flourishing greenery of the Parvati Valley to the deserts of Spiti. The entire trail offers the eyes breathtaking views of nature's many splendours and is also a culturally enriching experience.

Key Information

- Duration : 14 days / 13 nights
- Location : Manali, HP
- Age Group : 10 ~ 55 years
- Intensity : * * * * (High)
- Batch Size : 08 ~ 15

Program Highlights

- Pin Parvati trek is one of the most beautiful and adventurous treks of the region. The 4810 mtr high Pin Parvati pass sends down The Pin and The Parvati rivers to the opposite sides.
- Starting from the Parvati valley, the trek winds along the raging Parvati river through the most spectacular landscapes, full of flowers and fossil rich rocks till the glaciated Pin Parvati pass. After crossing the pass the landscape changes dramatically and takes us to the land of Buddhism: "Spiti Valley".
- You will be able to visit some of the oldest Monasteries like Tabo, Ki gompa, Dhankar and Kibber village.

Day by day activity in brief

Day 1 Arrival, safety briefing, orientation, pack-up for the trek.

Day 2 Manali to Barsheni (2375 m) 3 hours drive. Trek to Khir Ganga (2940 m) about 5 hours
The program starts with a taxi drive from Manali to Barsheni. The 4~5 hour trek commences at Barsheni. After a long gradual walk, the trail turns into a long ascent through a pine forest and we will see a gorgeous water fall. Beside our camp is a hot sulphur spring, and one can have a dip in it.

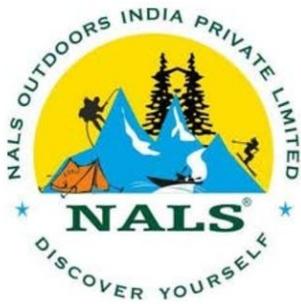
Day 3 Khir Ganga to Tundabhuj (3275m) 5 hours
Our trail goes through fields of wild flowers. The campsite is very picturesque, with lovely waterfalls and deep gorges on one side, huge cliffs and the flowing stream on other side.

Day 4 Tundabhuj to Thakurkuan (3560m) 6 hours
The trail is difficult at two points and leads us through an abundance of wild flowers including iris, buttercups, poppies and several other varieties. As you gain altitude, the scenery gets even better.

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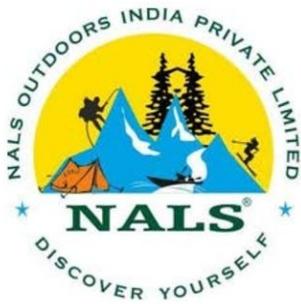


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- Day 5 Thakurkuan to Udithach (3700m) 5 hours
Beyond Thakurkuan, the trail passes several Gaddi camps. Before crossing the river side by a natural Bridge, we set up our camp.
- Day 6 Udithach to Mantalai (4116m) 5 – 6 hrs
After breakfast we will cross the Pandu Bridge, which consists of two huge rocks over the river. We will have a gradual walk upstream on the left bank side of the Parvati River. Mantalai is a big meadow with a lake and glacier, which is the source of the Parvati River. Just about one hour before we reach Mantalai, the walk gets fairly difficult over boulders and ice. The entire stretch to the Pass is in the Great Himalayan National Park, which is a sanctuary for many rare species of animals- Snow Leopard, Spiti Wolf, Ibex and Ghural.
- Day 7 Mantalai to Camp 1 (4700m) 7hrs
After leaving the beautiful campsite, we will cross two streams. After one-hour walk on boulders and ice, we start climbing into a steep side valley. This is a very long, steep ascent of around 1600 feet. The final walk to the campsite is gradual, and is set up in the open valley surrounded by massive mountains.
- Day 8 Camp 1 to Camp 2 (4750m) over Pin Parvati Pass (5319 m) 7hrs
It's a long day, so an early start is planned. The gradual walk is mostly on boulders, later on the glacier until the top of the pass. After crossing the pass we enter the Pin Valley. The trail descends over snow and ice fields and covered crevasses (hidden crevasses) and then again over loose rocks and boulders. The campsite is situated in the center of three valleys.
- Day 9 Camp 2 to Chinapatta Maidan (3900m) 5 hrs
The trek is on the left bank of the Pin River. Shepherds from Kinnaur and Rampur can be seen. Chinnapatta Maidan is a big ground field with nice views.
- Day 10 Chinapatta Maidan to Mud (3600 m) 6 - 7hr
The Pin valley at its best: The trail gets better, but you have to cross streams. Edelweiss and other flowers can be seen in plenty. The changing color of the mountains is unique and in the evening sunlight makes the surrounding even more beautiful. We reach the small picturesque village of Mud, which is the last village of that Valley. A Gompha is set on the hill.
- Day 11 Drive to Kaza and stay in hotel
- Day 12 Kaza – 3340 m
Leave for the Ki monastery high above the Spiti River basin. Explore the monastery and then head north to Kibber known as the highest inhabited village in the world. Enjoy the views of extensive pastureland and distant mountains. Stay in Hotel
- Day 13 Kaza - Manali.-203km
We leave Kaza in the morning after breakfast and drive through the western Spiti landscape across the Kunzum La and the Rohtang Pass before descending into the fertile & fruit rich Kullu valley to the hill resort town of Manali. Stay in Tents

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Day 14 Local sight seeing, return equipment, closing ceremony.

Departure from Manali to Delhi after 1700 hrs, by AC Volvo coach

Program Alteration

It must be borne in mind that the program route and campsite locations can be changed due to practical compulsions like safety, availability of water, comfort and well being of participants. Further, Himalayan weather is unpredictable and can lead to disruption or even cancellation of the program or some of the objectives of the program.

Food and Beverages

The participant is assured of a simple Vegetarian diet that is highly nutritious and prepared with very high standards of hygiene and cleanliness. The menu is so designed to keep the participant properly hydrated and loaded with sufficient calories to meet the physical tasks.

Fitness and Skill requirements

Participant is required to have high levels of fitness and endurance to accomplish the tasks / activities in the program. This means that he/she must be able to walk 12 ~ 15 kms, ascend steep gradients, whilst carrying a back pack of about 4 ~ 6 kilos. It is opined that any average person who exercises 30 minutes every day will have basic fitness. Therefore, it is advised that participants exercise themselves rigorously for 3~4 months prior to arriving at the campsite.

Cost per head (inclusive of GST)

Description / Group Size	8 ~ 40 persons	4 ~ 7 persons	1 ~ 3 persons
Program Cost (ex-Delhi)	Rs. 49,900	Rs. 62,300	Rs. 69,800
Delhi Transfers (optional)	Rs. 3,500	Rs. 4,000	Rs. 4,500

Scope & Inclusions

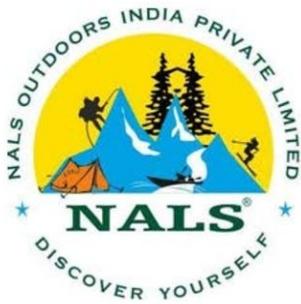
Package is ex-Delhi and includes:

- AC Volvo bus Delhi – Manali – Delhi
- Vegetarian Meals and beverages during the program
- Taxi, Forest permit fee, porters
- Shared accommodation in tents

Exclusions

- Transport into and out of Delhi (from home town)
- Transfer / meals / accommodation whilst in Delhi (see optional cost above)
- Meals during AC Volvo bus journey

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- Unforeseen handling costs due to weather disturbance, land slides, political unrest
- Deviation cost due to poor health or any other reason leading to additional porters, guides, hotel, meals
- Personal expenses towards tips, telephone calls, laundry, beverage, insurance etc.

General Information / Guidance

Note: 1 > Registration Process

- As a policy, NALS has made this entire process paperless and requests your kind concern for Nature and the ecosystem
- One can register online at the link provided on the program page,
- Once registration is completed an e-mail will be sent to your registered email ID with links for program related documents. Check your spam box also for this mail
- In this mail, options are provided for payment - use these based on your convenience
- Once payment is made, inform NALS the payment details so that we can track and confirm your registration. This may take upto 3 working days based on payment modes.
- Your registration will be confirmed by email. Receipt + program related documents will be sent to you, once again, by email.
- Final invoice will also be sent by email within 1 ~ 7 days of program completion.
- NALS can send hard copy of the invoice - please send an email request to webmaster@nals.in, quoting your PRN number, after the program is over.

Note: 2 > Delhi Transfers - This is an optional service and cost includes

- Onward Journey - Receiving from airport / railway station and transfer to AC Volvo bus stand
- Return journey - Receiving from AC Volvo bus (from Manali), transfer to 3 star hotel for 90 minutes to freshen up / followed by breakfast / transfer to airport or railway station
- If accommodation required is for longer period (due to late departure of flight / train or any other reason) - actual cost to be borne by participant(s)

Note: 3 > Reporting for AC Volvo journey at Delhi

Participant has to report at the reported hour, date and place (see confirmation slip for details) for boarding AC Volvo bus at Delhi. Late reporting may lead to cancellation of booking, as alternative modes of transport cannot be arranged at short notice.

Note: 4 > Meals during AC Volvo Journey

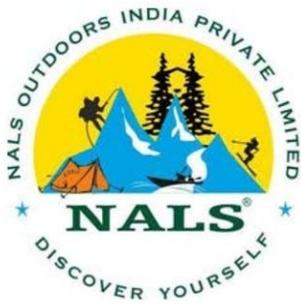
This cost is to be borne by the participant and we suggest packed dinner from home. NALS is unable to provide this due to inconsistency about the dinner stops by the AC Volvo bus operator. However, during the return leg NALS will endeavour to provide packed dinner for consumption during the bus journey

Avoid oily / spicy meals during AC Volvo journey as they can cause nausea on the ghat section and give a miserable experience. Water bottle + nausea bags are provided in the bus. Please ask the conductor.

Note: 5 > AC Volvo Journey can be cold

Please keep your jacket / wind cheater or sweater + your balacalava inside the bus. We suggest you avoid the shawl provided by the bus operator due to hygiene concerns.

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General Terms and Conditions

PAYMENT TERMS

1. Payment Mode:
 - a. Direct Deposit, Wire transfer, NEFT / RTGS / Draft or Multi city cheque payable at Coimbatore
 - b. NALS Bank account details:
 - i. A/c No. 32586375634 / State Bank of India, RS Puram Branch, Coimbatore – 641002, India
 - ii. IFSC : SBIN0003061
 - iii. SWIFT Code (for overseas transfers) : SBININBB451 (or) SBININBB294
2. Currency for payment is Indian Rupee / refund, if any, in Indian currency.

CANCELLATION POLICY

If participant leaves or cancels the program for any reason, the following charges will apply:

- | | | |
|----|--|----------|
| 1. | More than 30 days prior to commencement of program | Rs. 1500 |
| 2. | 15-30 days prior to commencement of program | 20% |
| 3. | 8-14 days prior to commencement of program | 50% |
| 4. | Less than 8 days to commencement of program | 100% |

Very rarely, NALS may be forced to cancel a program due to *force majeure* (inclement weather, unsafe terrain, or any natural calamity). Also, third party actions (cancellation of transport like trains and buses, riots etc) may lead to sudden disruption of program or even cancellation. In such circumstances, NALS will not be obliged to make any refund. In case, your booking includes flight, hotels and / or transfers, cancellation charges will be higher depending on the air carrier and other service providers and this may vary from time to time.

PARTICIPANT BEHAVIOUR AND DISCIPLINE

NALS will expel any participant who exhibits behaviour that is unsafe, indecent and distracts the mission of the program. Consumption or being under the influence of alcohol, illegal drugs and substances, theft or misuse of property, intentional damage to NALS' property, poor upkeep of program timings, lack of motivation, harassment of fellow participants are examples of behaviour that lead to expulsion. No refund will be paid in case of expulsion. Also, if the participant chooses to leave the program, for whatever reason, no refund will be paid.

RISK AWARENESS

Trekking, Mountaineering and any outdoor activity carry serious risks and hazards due to various factors. Trekking in higher altitudes requires high fitness and endurance levels and participants must make themselves aware of their physical and mental limits. As part of the program design, the participant may be required to be away from roads and hence specialized medical attention may not be available. Please consult your physician if you have heart disease, blood pressure or other ailments that may affect your condition in the outdoors.

Some of the wild animals in this area are Himalayan Black Bear, Marmots, Deer and foxes. In case you sight some of them, kindly do not rush towards the animal for a photo opportunity. Neither are you advised to call other participants for the sighting. Please enjoy the sight silently and quietly. Animals rarely attack humans and they do so only when they are alarmed and under threat.

All adult participants are required to sign a risk declaration as part of the registration process. In case of minor participants, parental consent and signature are mandatory for participation in our programs.

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