



NALS OUTDOORS INDIA PRIVATE LIMITED

APPROVED BY GOVERNMENT OF INDIA

TREK FOR A CAUSE (TCK4)

Introduction

Give your trek some added purpose by doing it for a cause. A fantastic opportunity to be part of a fund raising program and have the adventure experience and thrills. NALS is associated with a few NGOs that are doing stellar work in the areas of special children and differently-abled persons. Join us and contribute to a Cause.

There are 100s of special children / differently-abled persons and NGOs working for their welfare. These NGOs require precious funds to carry out their objectives and make a difference to the special child. This program is perfect for the adventure-seeker who wants to give something back to society and make a difference, while at the same time enjoy the outdoor experience of trekking and adventure

Key Information

- Duration : 04 days / 03 nights
- Location : Manali, HP
- Age Group : 12 ~ 55 years
- Intensity : * * (Low)
- Batch Size : 8 ~ 30

Program Highlights

- A fund raising program for various NGOs, non-profit organisations and charitable organisations that are giving selfless & excellent service to the under privileged and the needy
- Trekking and camping experience in spectacular Kullu – Manali valley
- Total trek distance will be about 15 kms
- Self Cooking and Survival Training
- Adventure Activity:
 - Rock Climbing, Rappelling
 - River Crossing

Day by day activity in brief

- Day 1 Participants arrive in Kalath and after reporting / registration, given tents, lunch and Acclimatization Walk Sight seeing, leisurely interaction with other participants and staff, River Crossing, Games.
- Day 2 Morning walk, breakfast, leadership Games, Lecture on Mountaineering, Lunch, Trek to Higher Camp through Forest, Pitch tents, Self Cooking
- Day 3 Self breakfast, Rappelling, Close camp, Trek to Base Camp for lunch, Manali Sight seeing (local bus) group tasks and discussions.

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Day 4 Leadership Games, Hot Spring bath, Lunch, certificate distribution, and depart after tea, packed dinner

Program Alteration

It must be borne in mind that the program schedule can be changed due to practical compulsions like safety, availability of water, comfort and well being of participants. Further, mountain weather / road conditions are unpredictable and can lead to disruption or even cancellation of the program or some of the objectives of the program.

Food and Beverages

The participant is assured of a simple Vegetarian diet that is highly nutritious and prepared with very high standards of hygiene and cleanliness. The menu is so designed to keep the participant properly hydrated and loaded with sufficient calories to meet the physical tasks.

Fitness and Skill requirements

The program is rated to be easy for persons doing regular exercise and most beginners. However, outdoor activity can take one by surprise if weather or terrain is not up to one's expectations. We, therefore, recommend that all participants exercise well for at least 2-3 weeks before the program.

Cost per head (inclusive of GST)

Description / Group Size	8 ~ 30 persons	4 ~ 7 persons	1 ~ 3 persons
Program Cost (ex-Delhi)	Rs.10,100	Rs. 12,500	Rs. 13,800
Delhi Transfers (optional)	Rs. 3,950	Rs. 4,500	Rs. 5,100

Note: NALS will donate a sum of Rs. 750 to the NGO or non-profit organisation of your choice, for every participant in this program

Scope & Inclusions

Package is ex-Delhi and includes:

- AC Volvo bus Delhi – Manali – Delhi
- Vegetarian Meals and beverages during the program
- Taxi, Forest permit fee, porters
- Shared accommodation in tents

Exclusions

- Transport into and out of Delhi (from home town)
- Transfer / meals / accommodation whilst in Delhi (see optional cost above)
- Meals during AC Volvo bus journey

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- Unforeseen handling costs due to weather disturbance, land slides, political unrest
- Deviation cost due to poor health or any other reason leading to additional porters, guides, hotel, meals
- Personal expenses towards tips, telephone calls, laundry, beverage, insurance etc.

General Information / Guidance

Note: 1 > Registration Process

- As a policy, NALS has made this entire process paperless and requests your kind concern for Nature and the ecosystem
- One can register online at the link provided on the program page,
- Once registration is completed an e-mail will be sent to your registered email ID with links for program related documents. Check your spam box also for this mail
- In this mail, options are provided for payment - use these based on your convenience
- Once payment is made, inform NALS the payment details so that we can track and confirm your registration. This may take upto 3 working days based on payment modes.
- Your registration will be confirmed by email. Receipt + program related documents will be sent to you, once again, by email.
- Final invoice will also be sent by email within 1 ~ 7 days of program completion.
- NALS can send hard copy of the invoice - please send an email request to webmaster@nals.in, quoting your PRN number, after the program is over.

Note: 2 > Delhi Transfers - This is an optional service and cost includes

- Onward Journey - Receiving from airport / railway station and transfer to AC Volvo bus stand
- Return journey - Receiving from AC Volvo bus (from Manali), transfer to 3 star hotel for 90 minutes to freshen up / followed by breakfast / transfer to airport or railway station
- If accommodation required is for longer period (due to late departure of flight / train or any other reason) - actual cost to be borne by participant(s)

Note: 3 > Reporting for AC Volvo journey at Delhi

Participant has to report at the reported hour, date and place (see confirmation slip for details) for boarding AC Volvo bus at Delhi. Late reporting may lead to cancellation of booking, as alternative modes of transport cannot be arranged at short notice.

Note: 4 > Meals during AC Volvo Journey

This cost is to be borne by the participant and we suggest packed dinner from home. NALS is unable to provide this due to inconsistency about the dinner stops by the AC Volvo bus operator. However, during the return leg NALS will endeavour to provide packed dinner for consumption during the bus journey

Avoid oily / spicy meals during AC Volvo journey as they can cause nausea on the ghat section and give a miserable experience. Water bottle + nausea bags are provided in the bus. Please ask the conductor.

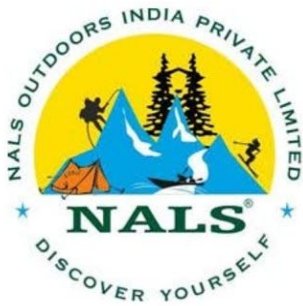
Note: 5 > AC Volvo Journey can be cold

Please keep your jacket / wind cheater or sweater + your balacalava inside the bus. We suggest you avoid the shawl provided by the bus operator due to hygiene concerns.

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General Terms and Conditions

PAYMENT TERMS

1. Payment Mode:
 - a. Direct Deposit, Wire transfer, NEFT / RTGS / Draft or Multi city cheque payable at Coimbatore
 - b. NALS Bank account details:
 - i. A/c No. 32586375634 / State Bank of India, RS Puram Branch, Coimbatore – 641002, India
 - ii. IFSC : SBIN0003061
 - iii. SWIFT Code (for overseas transfers) : SBININBB451 (or) SBININBB294
2. Currency for payment is Indian Rupee / refund, if any, in Indian currency.

CANCELLATION POLICY

If participant leaves or cancels the program for any reason, the following charges will apply:

- | | | |
|----|--|----------|
| 1. | More than 30 days prior to commencement of program | Rs. 1500 |
| 2. | 15-30 days prior to commencement of program | 20% |
| 3. | 8-14 days prior to commencement of program | 50% |
| 4. | Less than 8 days to commencement of program | 100% |

Very rarely, NALS may be forced to cancel a program due to *force majeure* (inclement weather, unsafe terrain, or any natural calamity). Also, third party actions (cancellation of transport like trains and buses, riots etc) may lead to sudden disruption of program or even cancellation. In such circumstances, NALS will not be obliged to make any refund. In case, your booking includes flight, hotels and / or transfers, cancellation charges will be higher depending on the air carrier and other service providers and this may vary from time to time

PARTICIPANT BEHAVIOUR AND DISCIPLINE

NALS will expel any participant who exhibits behaviour that is unsafe, indecent and distracts the mission of the program. Consumption or being under the influence of alcohol, illegal drugs and substances, theft or misuse of property, intentional damage to NALS' property, poor upkeep of program timings, lack of motivation, harassment of fellow participants are examples of behaviour that lead to expulsion. No refund will be paid in case of expulsion. Also, if the participant chooses to leave the program, for whatever reason, no refund will be paid.

RISK AWARENESS

Trekking, Mountaineering and any outdoor activity carry serious risks and hazards due to various factors. Trekking in higher altitudes requires high fitness and endurance levels and participants must make themselves aware of their physical and mental limits. As part of the program design, the participant may be required to be away from roads and hence specialized medical attention may not be available. Please consult your physician if you have heart disease, blood pressure or other ailments that may affect your condition in the outdoors.

Some of the wild animals in this area are Himalayan Black Bear, Marmots, Deer and foxes. In case you sight some of them, kindly do not rush towards the animal for a photo opportunity. Neither are you advised to call other participants for the sighting. Please enjoy the sight silently and quietly. Animals rarely attack humans and they do so only when they are alarmed and under threat.

All adult participants are required to sign a risk declaration as part of the registration process. In case of minor participants, parental consent and signature are mandatory for participation in our programs.

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